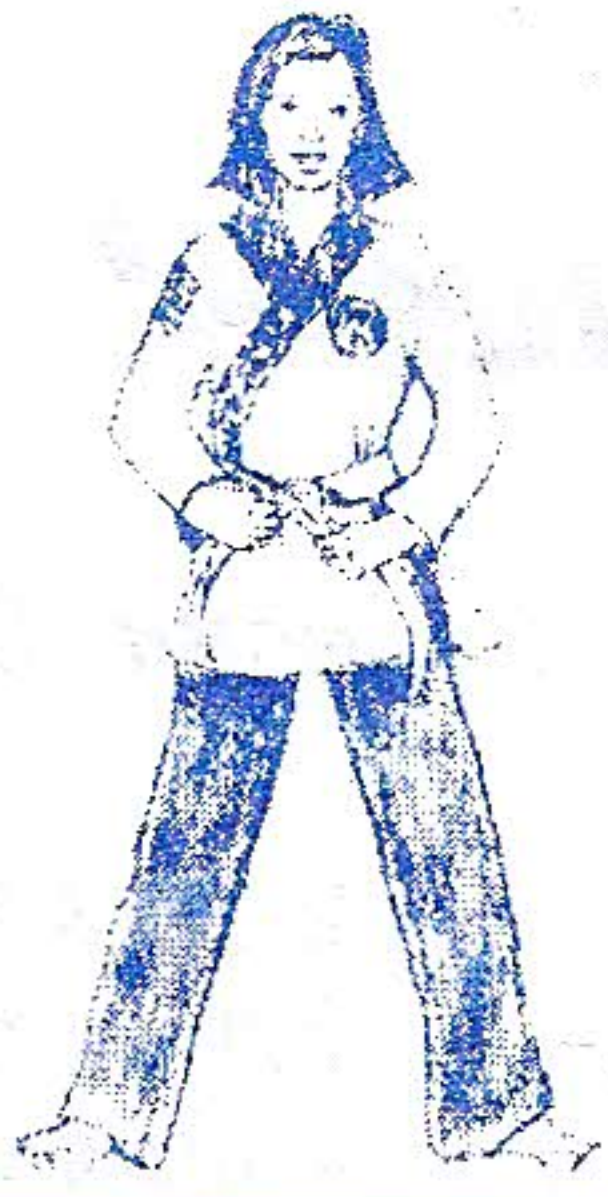


Presents



Self-Defense & Safety Awareness!

- ★ Learn Physical & Verbal Self-Defense Skills
 - ★ Gain Self-Confidence
 - ★ Increase Concentration
 - ★ Receive Safety Awareness Education
 - ★ Advance in Rank & Belt
 - ★ Improve Academic Performance
- Uniforms for Self Defense:** A uniform is highly recommended, and is available throughout the course. All uniforms come with a white belt. We will fit your child or teenager with the proper size. Uniforms are \$30 (all sizes). Students can wear shorts or sweat pants and a t-shirt.

Soccer!

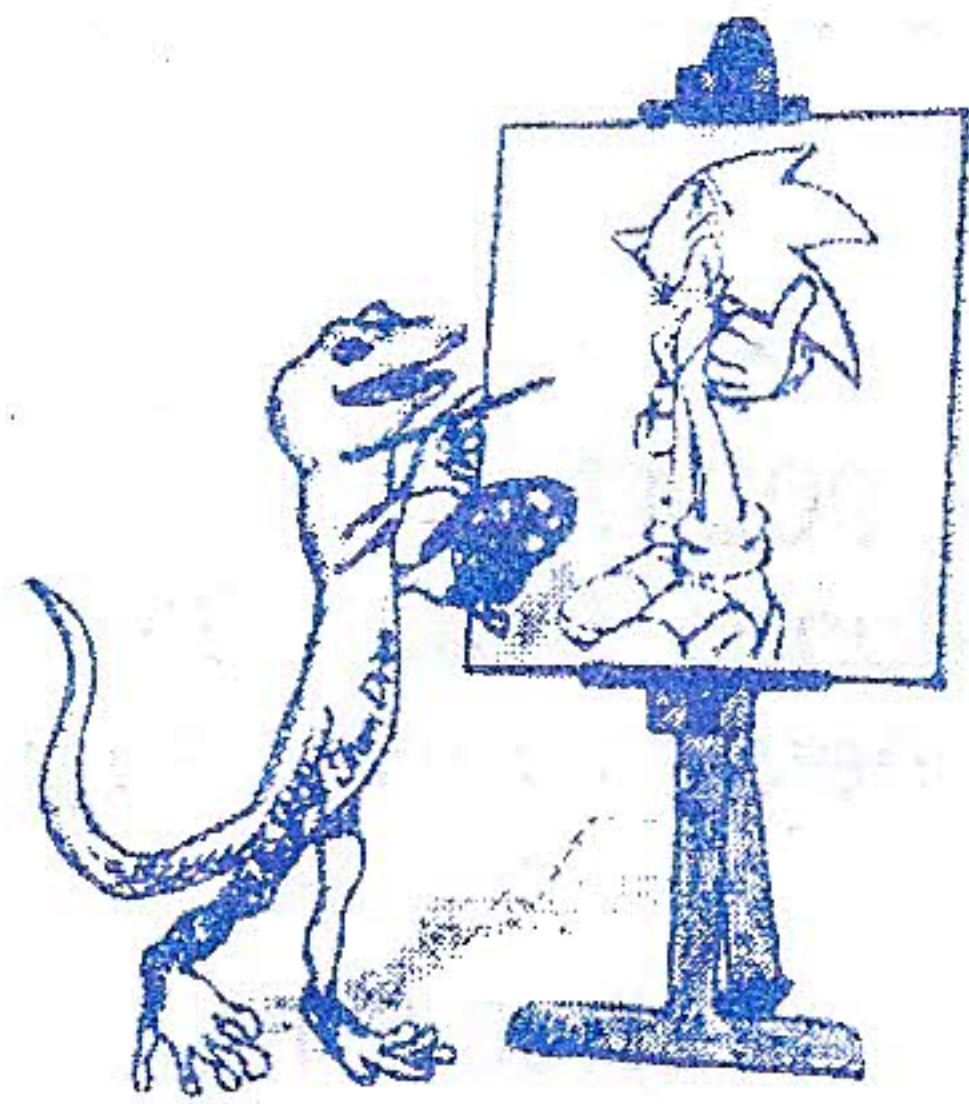
- ★ Learn Key Skills & Strategies
- ★ Gain Self-Confidence
- ★ Improve Coordination

- ★ Play Fun Games in Class
- ★ End of Session Competition
- ★ Enhance Teamwork Skills

Clothing: Wear shorts or loose fitting clothing & T-shirt, soccer shoes or tennis shoes. Students must have their own soccer ball & shin guards. Bring your own or purchase at class Soccer Coach matches student with proper size ball (size 3, 4, or 5). Soccer Balls are \$15 and Shin Guards are \$10.



ART & illustration!



- ★ Expand Creativity & Imagination
- ★ Learn different Drawing & Painting Methods
- ★ Strengthen Individual & Group Skills

- ★ Have Fun Drawing Cartoons & Anime
- ★ End of Session Art Show & Competition
- ★ Explore Various Styles of Art

Materials: For all new students, there will be a **one time required material fee** of \$25, which includes all essential art supplies (sketchbook and art kit to keep). Additional kits and art supplies available for purchase if desired.

Cheerleading!

- ★ Learn Cheers, Chants & Dance Routines
- ★ Improve Confidence & Self-Discipline
- ★ Advance from Beginner (Stars) to Elite

- ★ Compete in our State Competition
- ★ Prepare for School Cheer Tryouts
- ★ Enhance Teamwork Skills

Attire for Cheerleading: Students should wear comfortable clothing; shorts or sweat pants with a T-shirt and tennis shoes. Pom poms are available at class for \$20. If desired, you may purchase a uniform (vest, skirt, bloomers & socks) at class. We will fit your child or teen with the proper size.



HIP-HOP DANCE!



- ★ Fun, High Energy Classes
- ★ Popular with Both Boys & Girls
- ★ Dance to Today's Hottest Music

- ★ Develop Creative Expression
- ★ Gain Self-Confidence
- ★ Compete in Our State Competition

Clothing: Wear comfortable clothing, shorts or sweat pants with a T-shirt and tennis shoes. If desired, dance T-shirts are available at class for \$10.

Registration: Please register 20 minutes before your class time with the instructor at the location you will be attending. If you miss the first week, you may register 10 minutes before your class **up to the fourth week**. All students ages 5-15 are accepted.

Class Fees: Only \$6.00 per lesson if you pay in full (\$72), or \$7.00 if you pay weekly. There is a \$6.00 registration fee paid once per 11 week session. **Scholarships Available**

Missed lessons can be made up. Medals will be awarded for perfect attendance!

Classes only
\$6
per lesson
when paid in full!
or \$7 weekly!
40 minute classes!

See Back Side For Locations, Dates & Times ★ For More Information, Please Call (714) 259-1400