

Principal's News

JUMP ROPE FOR HEART WILL OCCUR ON FRIDAY, FEBRUARY 12, 2010. YOUR CHILD MUST HAVE HIS/HER PERMISSION SLIP NO LATER THAN THE MORNING OF FEBRUARY 12 TO PARTICIPATE.

On Friday, students may be participating in Valentine's Day activities in their classrooms. Please remember that all snacks for classrooms need to follow the healthy eating guidelines. Snacks may have no more than 150 calories with 35% of them from fat (excluding legumes, nuts, nut butters, seeds, eggs, non-fried vegetables, and cheese packaged for individual sale). 10% of a snack's calories from saturated fat is permitted (excluding eggs and cheese packaged for individual sale). Snacks may have up 35% sugar by weight (excluding fruits and vegetables). Thank you for following these guidelines.

HAPPY VALENTINE'S DAY!

Thank you students and families that were able come to Chuck E. Cheese last Wednesday. Thank you Mrs. De Luca and Mrs. Mickley for arranging our Chuck E. Cheese restaurant night and a surprise visit from Chuck E. to our campus on Wednesday afternoon.

The Laker's Read to Achieve program ends on Wednesday, February 17, 2010. If your child is participating in this, please make sure he/she turns in the reading log.

Our PTA had a very successful membership drive this year and to thank everyone, Mrs. Judy Foster arranged a Pre-Super Bowl party for Friday, February 5, 2010. Although it was raining steadily, families still came out to participate in this event. My thanks to the families who attended and a special thanks to Mr. & Mrs. Foster who made sure grilled hot dogs, freshly popped popcorn, other snacks, soft drinks, and a video highlighting 43 years of previous Super Bowls were available during this event.

February 19, 2010 is the end of our *Box Top Contest*. However, we collect box tops all year, so please continue to send them to school with your child. Thank you.

Lunch Money: Please have your child take lunch money to the office, **NOT** the classroom. If students don't turn the money you send in right away, accounts can become overdrawn.

Please take time to look at the tables included in this newsletter. They always contain important date and time information.

MONDAY, FEBRUARY 15, 2010 IS A HOLIDAY
NO SCHOOL